

Awakening Inspiration: a year of thinking, spirit, and representing ideas

Human Development Birth to 21

This course is designed for students to deepen their understanding of incarnation processes and child development through discovering Rudolf Steiner's complex picture of the human being and learning his terminology as it is used in education. Participants will gain an understanding of the history and goals of Waldorf education and discover how the Waldorf curriculum can meet students' needs. They will share strategies that help children learn effectively. ***Each session of this course will include participation in eurythmy exercises.***

Essentials of Waldorf Grades 1-8 Teaching

The purpose of this course is for students to gain knowledge of the essentials of Waldorf teaching, grades 1-8. Classes will consist of group activities, lectures, conversations and journal work. Instructors will present an introduction to the Waldorf teaching pedagogy, including: the three-fold lesson and the three-day cycle, working with living images, the art of storytelling, and creating student lesson books. Practical, hands-on work will include lesson planning with the year overview, block planning, and circle and lesson planning. There will be an introduction to classroom management as well as conversations on tending the class environment, nurturing relationships with colleagues and class parents, homework, testing/alternative assessment, and preparation for transitioning into high school.

Artistic Work in the Waldorf School: Essentials

The purpose of this course is to introduce students to artistic work in the Waldorf school, including: singing, music literacy, pentatonic flute, form drawing, crayon drawing, wet-on-wet watercolor painting, pastel drawing, board drawing, modeling with beeswax and clay, and handwork of yarn prep, knitting and crocheting. Students not only develop and refine their artistic skill work toward transformation and personal growth through the arts. ***Each session of this course will include participation in singing and musical experiences.***

Diversity Among Learners and Teaching History in Waldorf Grades

This course will delve into the many different ways learners and learning can look in a classroom, including different temperaments, constitutional types, cultural, ethnic, economic, religious and genders. Students will become familiar with the concept of multicultural education and its complex issues. They will also explore the way in which the evolution of humanity is mirrored in the development of individual consciousness.

For those in the grades 1-8 track, the course will include an overview of the Waldorf history curriculum and pedagogy appropriate to the developmental age of children from grades 1-8 as well as artistic activities related to teaching history through grades.

Contemplative Practice: Inner Development for the Teacher

This course offers an overview of meditative life, weaving practical instruction together with the guidance and inspiration of some of the world's great teachers. We will look at the contemplative practices from different spiritual traditions and study works by Arthur Zajonc, Orland Bishop, Rudolf Steiner, Gertrude Reif Hughes and others. Course participants will practice different contemplative exercises supported by readings, study, conversation, eurythmy and other artistic activities.

Awakening Intuition: a year of feeling, soul, and representing form

The Inner Life of the Waldorf Teacher and Biography

The course will focus on meditative, inner life work, personal biography and its relationship to individual paths, and the way understanding of ourselves leads to practical approaches in classroom management. Participants will develop greater self awareness through personal biography study and will deepen their understanding of the physiological and developmental ideas underlying Waldorf education. Participants will gain understanding in how to teach to the whole child and to engage them in meaningful learning and how learning theories of Waldorf education can be developed to meet individual students' needs. ***Each session of this course will include participation in eurythmy exercises.***

Teaching Mathematics in Waldorf Grades 1-8

This course will include an in-depth look at the Waldorf mathematics curriculum and pedagogy and will explore the picture of the developing child in relation to the teaching of mathematics in grades 1-8.

Artistic Work in the Waldorf Schools: Bringing Form

Participants will learn about and have hands on experience with singing, recorder/Choroi C-flute playing, note reading, form drawing, geometric drawing, drawing, constructing and modeling platonic solids, painting (color wheel), bringing form out of color, wet & dry watercolor, modeling from stories, perspective drawing and cross stitch sewing project.

Curriculum Design and Teaching Language Arts in Waldorf Grades 1-8

This course will include an introduction to curriculum development: objectives, the use of philosophy and psychology, learning experiences, organization, and planning, developmentally based, hands-on application of curriculum design through planning projects. Artistic activities including eurythmy and music are included.

For those in the grades 1-8 track, the course will include an overview of the Waldorf language arts curriculum and pedagogy appropriate to the developmental age of children from grades 1-8 as well as artistic activities related to teaching language arts through grades. Topics include an introduction to teaching reading, handwriting, form drawing into cursive writing, writing composition and grammar, creative writing, poetry and drama.

Transformational Thinking

In this course, participants will gain an understanding of Rudolf Steiner's understanding of thinking, and a basic overview of Goethean phenomenological observation. They will emerge with the building blocks for implementation of such practices in their own life. Participants will become aware of how such practices support and bring about change in their private life, social interactions, and professional work.

Child Development and Child Study

This course is designed for participants to deepen their understanding of Steiner's view of child development, study the twelve senses and apply this understanding to the stages of development of the child from early movement to more sophisticated operations in brain integration and learn and experience active teaching strategies that accommodate educational support in the classroom. This course delves into the topics beyond the classroom including how to speak about developmental concerns with parents in a way that is supportive and practical. Participants will deepen their awareness of Steiner's picture of the incarnating child, the needs of students with special learning or developmental needs, and inner attitudes that create healthy learning in a classroom as well as the Waldorf approach to child observation and child study. ***Each session of this course will include participation in eurythmy exercises.***

Teaching Science in Waldorf Grades 1-8

This course will include an in-depth look at the Waldorf mathematics curriculum and pedagogy and will explore the picture of the developing child in relation to the teaching of mathematics in grades 1-8. Music through the grades is included in this course.

Artistic Work in the Waldorf Schools: Representing Life

Participants will learn about and have hands-on experience with singing, note reading, form drawing, geometric drawing, drawing, constructing and modeling platonic solids, painting (color wheel), bringing form out of color, wet & dry watercolor, modeling from stories, perspective drawing and doll-making.

Instructional Strategies and Teaching Geography in Waldorf Grades 1-8

This course will include an overview of instructional strategies and approaches to presenting materials in the classroom, with a study of the increasing research base supporting models of instruction, learning styles, motivational techniques, and effective classroom management techniques. It will also examine some of the initial instructional techniques ("indications") presented to teachers at the opening of the original Waldorf school.

For those in the grades 1-8 track, the course will include an overview of the Waldorf geography curriculum and pedagogy appropriate to the developmental age of children from grades 1-8 as well as artistic activities related to teaching geography through grades.

Social Artistry

This course will delve into the question of human relationships, how we work together in community, and best practices for setting up systems of mutual support. Topics will include Goethean conversation, conflict resolution, consensus building, collaborative and servant leadership models, governance models and Rudolf Steiner's threefold social order. Participants will explore how to implement these practices in their own lives and schools and how this can inform relationships with students, colleagues, self, and the community.

Fieldwork I

An observational survey course undertaken in the first year of the program. The goal is to visit a wide range of Waldorf schools and classrooms. It is recommended that students experience a broad spectrum of Waldorf education and observe at 3-5 schools for a total of at least 15 hours of observation.

Fieldwork II

An observational course with a participatory component undertaken in the second year of the program. It includes classroom observation, practice teaching, and a reflection paper. Students observe experienced teachers at their level of certification (early childhood or grades) explore their own areas of strengths and challenges, and begin research into their specific area of interest. Potentially the work of Fieldwork II will continue into the Capstone project of year three.

Practicum

The GLWI Practicum is a student teaching placement in which a trainee works **for 4 weeks** in a Waldorf school while being mentored by a trained, experienced Waldorf teacher.

According to the AWSNA's Teacher Education Delegate Circle guidelines, the Practicum experience is divided into two streams to best serve teachers in their development.

- **Pre-Service** - Those new to teaching and/or new to Waldorf Education with less than one year of full-time teaching in their own classrooms OR those who are not currently lead teaching in a Waldorf School.
- **In-Service** - Those working in their own classrooms as lead teachers in a Waldorf school.

Capstone

A research project undertaken in the third year of the certificate program. It provides students the opportunity to deeply explore an area of interest that will further their individual development as teachers. Students meet virtually for monthly support and structured assignments that aid in completion of a final paper, artistic study, and oral presentation that will demonstrate their integrated understanding of the topic.